

Face masks: Do you know which one to choose for your trip?

It's important to be aware of the types of face masks that exist, and also to check with the health authorities at your destination and with the company that you'll be travelling with regarding which type of mask is most suitable for your trip.

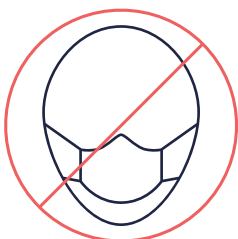


Composition	One or more layers of textile material	Cellulose or polypropylene	Several layers of microparticle filters
Type*	May be either single use or reusable	Type I or type II	Several layers of microparticle filters
Protection	✓ Medium	✓✓ High	✓✓✓ Very high
Filtration	Reusable: With filtration efficiency equal to or greater than 90% Single use: With filtration efficiency equal to or greater than 95%	Type I: Equal to or greater than 95% Type II: Equal to or greater than 98% IIR: These are Type II masks that are also resistant to splashes of blood and other biological fluids	FFP1: Equal to or greater than 78% FFP2: Equal to or greater than 92% FFP3: Equal to or greater than 98% These may have an exhalation valve, which is prohibited in some countries.
Reuse	This depends on whether or not a reusable model is chosen	No	Only those marked with an R: Maximum 8 hours
Use	Changing the mask every 4 hours is recommended	Changing the mask every four hours is advisable.	The recommendation is to change masks that are not marked with an R every 4 hours.
Who do they protect?	Protects others	Protects others	Protects me and others
In Europe, the CE mark followed by four numbers is the guarantee that the mask complies with current legislation.			

*The FFP1, FFP2 and FFP3 classifications are European, other countries have their own models. For example, KN95, N95, P2 and DS are all equivalent to FFP2.

Which face masks shouldn't I use?

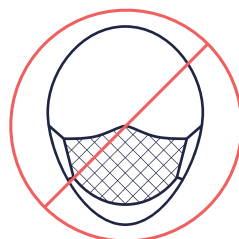
Do not use masks that:



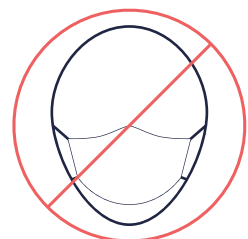
Don't fit your face properly, such as those that leave gaps, or are either loose or very tight.



Are made from materials that make it hard to breathe, such as plastic



Are woven, or made with an open weave fabric



Those that have only one layer.